

# The Glenleighden News

29 JANUARY 2010



## Office Hours

8.30am - 4.00pm  
33 Cubberla Street  
Fig Tree Pocket Q 4069  
Ph: 07 3378 8625  
Fax: 07 3378 8873  
[info@childassoc.org.au](mailto:info@childassoc.org.au)

## Uniform Shop Hours

Thursday 8.45 - 9.45

## Coming Events

### PS&F Annual General Meeting

Wed 3rd February at  
10.30am

### Parent Information Days

EC: Tuesday 2nd February

JS: Wednesday 3rd February

MS: Thursday 4th February

SS: Friday 5th February

### \*Working Bee

28 February 2010

### BIRTHDAYS

Fred J ; Joshua H  
Dylan T ; Peter P

*Happy Birthday*



Dear parents, families and staff,

Welcome to 2010. The past couple of days have seen a very smooth transition from holidays back to work mode. It is wonderful to see so many familiar faces, as well as so many new children and their families. You would have received a welcome letter recently with school fees included and a list of our staff for 2010. I would like to once again welcome new staff to our programs and hope that they find their time with us rewarding and inspiring. Please don't hesitate to introduce yourselves to them:

Alison Bond - Receptionist  
Andrea O'Brien - Occupational Therapist, Junior School  
Dale MacDonald - Teacher, Junior School  
Louisa Playford - Teacher, Middle School  
Chantelle Rissik - Teacher, Senior School  
Sandra Smith - Occupational Therapist, Middle School  
Kate Rothery - Occupational Therapist, Senior School

Sadly Nicole Lipman will be leaving us next month. Nicole has worked at The Glenleighden School for the past four years across different levels. We will miss her smiling face and gentle manner which has touched us all and wish her every success in her new role at SpeechNet.

Today we said farewell to our Admin Officer, Julie O'Brien. We wish her well in her new endeavours.

The federal government's "My School" website official launch yesterday has received much press recently. This has been timely for our new school website. If you have not already done so, please check it out at [www.glenleighden.org.au](http://www.glenleighden.org.au).

### New Building Update

Our new building has made progress during the holidays. Please see photos further in this newsletter to see how far it's come.

### Morning Drop-off

Students should not be inside the school gates before 8.30 am or left out on the footpath unattended. This is a safety issue as there is no staff on duty to supervise the children before this time.

When using the drop-off zone in front of the school after 8.30am, we ask parents to please consider others and depart ASAP to make the next available space. If you do need to park, I ask parents to be mindful not to park in our neighbours' driveways.

### New seatbelt laws

New legislation will take effect from 11 March 2010 regarding the wearing of seatbelts. Children under the age of seven must, by law, use an appropriate child restraint when travelling in a car or bus with fewer than 13 passengers. This affects the use of our school bus. If your child is under the age of seven years, you will need to provide a booster seat for your child when travelling on our school bus. This means that now only six children from Early Childhood are able to travel at any given time on the TGS bus. If you know of any company or benefactor who may be interested in assisting us to purchase a new bus please let us know!!

For further details regarding new child restraint laws please check Queensland Transport's website: [www.transport.qld.gov.au/childrestraints](http://www.transport.qld.gov.au/childrestraints)

### Parent Information Sessions

Parent information sessions will feature a level each day next week from Tuesday 2<sup>nd</sup> February to Friday 5<sup>th</sup> February. By now you will have been sent an email regarding your child's level's event. This will take about an hour and is a great opportunity to meet other parents from your level. Feel free to bring a plate and stay for some morning tea. Please speak to us if you have not received an email about this event.

**Other reminders and dates for your calendar:**

PS & F meeting - Wednesday 3<sup>rd</sup> February at 10.30am  
 Assembly - 9am every second Thursday (11<sup>th</sup> February onwards)

A school calendar was sent home to all families with the school fee statement. If you did not receive one please let us know. I am looking forward to an exciting and successful new year.

**Kind Regards**

*Cae Ashton*

Cae Ashton  
 Acting Head of School  
 Email: [cae.ashton@childassoc.org.au](mailto:cae.ashton@childassoc.org.au)

Dear Parents/Carers

**PS & F News**

The P S & F Association will be having our Annual General Meeting on Wednesday 3rd February, 2010 at 10.30am (straight after the JS information day). Everyone is welcome to attend and we look forward to hearing any ideas that you might have. We would like everyone to consider whether they would be able to hold a position on the Committee. No experience is necessary and we would welcome new members.

If you are interested in nominating for a position please fill in the slip below and return it to the office. If you are unable to attend the meeting please leave your phone number and we will contact you. During the year we have a few occasions where we need volunteers to run stalls or events. Please indicate if you are able to help out with any of the following P S & F events.

The P S & F Association has introduced a levy of \$50 per term since conducting a survey which showed that most families preferred to pay a higher levy rather than have to be constantly buying raffle tickets, running sausage sizzles, pie drives and various other fundraising ventures. The events we conduct at the school are not fundraisers.

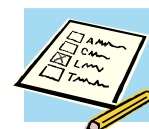
Last year the P S & F was able to replace the old eating area roof, the new roof is much higher, cooler and nicer looking! We also paid for end of term break up lunches and Arts Council performances for the whole school, which the students really enjoyed. Auskick was again organised for the school and will hopefully be offered again this year. Each year level was also allocated money for school excursions and new readers for the students.

Thanks for your support,  
**Rohini Singh and Carolyne Carroll**  
 P S & F Association

.....  
 Att : The Glenleighden School P S & F Association

NAME : .....

Phone : .....



I am interested in nominating for the following positions :

- President
- Treasurer
- Secretary

I am not able to nominate for one of the above positions but would be able to help with :

- Mother's Day Stall
- Father's Day Stall
- Book Fair
- Halloween night

# *New Building Progress*

## **Our new building ... a pictorial progress report.**

The old demountable that had served the school so faithfully for so many years finally had to make way for progress. It was knocked down and carted away in just a few hours.



And the fort behind the demountable had to be dug up, and picked up, and moved two metres to make room for the new building.

Then the site was cleared and trenches dug to hold the strong concrete footings necessary to support the double storey building. Next the whole area was laid out with sturdy timber formwork and heavy steel reinforcing bars ready for the bottom floor concrete slab to be poured.



# School news

The old building is demolished using heavy machinery to make way for the new building.



The builders are hard at work laying the foundations ready for the concrete to be poured.



## Early Childhood News

# Early Childhood 2010



Welcome to Early Childhood 2010!

Early Childhood welcomes back our returning students as well as seven new students. We have all been busy showing our new friends the ropes, learning our school routines and getting to know each other.

We have two PC groups - the seahorses and the starfish and we have had fun singing songs, playing games and doing arts and craft.

We are looking forward to an exciting year together!

## School news

### Reminder to all families:

TGS is a Sunsmart School: Please ensure students have the following to be able to go outside to play and participate in outdoor activities



- A school specific hat that is either wide brimmed and/or legionnaire in style
- Roll on sunscreen

### **Duty of Care:**



- Reminder that staff at The Glenleighden School have duty of care responsibilities for student which commence at 8.30am. Please ensure you wait with your child prior to this time until a staff member arrives. (8.45am for Early Childhood)
- Auskick: It is the responsibility of the parent/ care provider to ensure students are changed into school uniform



I appreciate your understanding and willingness to ensure the students are adequately prepared for the school day.



### Student Drop Off Zone

We would like to remind parents the area directly out the front of the school is a loading zone only. Anyone parking in this area may be fined by the local council as they do patrol this area. We also encourage all parents to ensure that they act with extreme care whilst dropping off and picking up their children.

*Schoolstuff.com.au*

.....trust you all had a fabulous and safe holiday break!

Thanks to all families who ordered pre-packs and supported the school in fundraising by ordering this way. The rebates/commission will be calculated in February and presented to the school.

Due to many varying factors, there were a few items that were on "Backorder" this year for the Book Lists. Schoolstuff.com.au would like to advise that all backorders will be sent free of charge directly to school with your student's name and year level on the package. This is the fastest way to get the items to the children. Please allow until 10<sup>th</sup> February and check with your child that the pending items have been received. If you have any queries after the 10<sup>th</sup>, please call Schoolstuff on: 3847 7656 and they will help you.

## Community news



*Greater Brisbane Junior Tennis Association Inc.*  
*PO Box 630 Indooroopilly Queensland 4068*  
[www.gbjt.org.au](http://www.gbjt.org.au)

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### **SATURDAY AFTERNOON JUNIOR TENNIS FIXTURES**

SEASON 1 - 27 February 2010 to 5 June 2010  
(No play in School Holidays)

#### **FIXTURE LOCATION**

**Beginner to Intermediate Players – 2pm to 5pm**  
(Fixtures Played at UQ Tennis Centre – St Lucia)  
**Intermediate to Advanced Players – 2.30pm to 5.30pm**  
(Fixtures Played at Queensland Tennis Centre – Tennyson)

Cost \$175.00

(This includes \$145 for GBJT Fees and the \$30 annual affiliation fee to TQ. If already paid TQ Fee for 2010, please deduct this amount)

#### **GRADING DAY FOR NEW PLAYERS**

(On-Line Nomination forms available on website or on grading day)

Queensland Tennis Centre  
190 King Arthur Terrace  
Tennyson, QLD, 4105  
Sunday 14 February, 2010  
3.00pm – 5.00pm

Contact Details  
Mrs Peta Davis 3374 0516

**Nomination forms available on-line at:**  
[www.gbjt.org.au](http://www.gbjt.org.au)

## Community news



**El Coro**  
Multicap's community choir  
for children with a disability

- ✦ Open to ages 10-18 years. If 1:1 support required participants must bring their own carer.
- ✦ Directed by a Music Therapist and supported by a Speech & Language Therapist and a Community Artist.
- ✦ Choir performances are held 3.45pm-5.15pm each Thursday. *Bring a drink!*
- ✦ Proudly supported by the Zig Zag Foundation.

**Contact Grainne Taia** Social Support Coordinator  
Mobile 0428 877 504 Email [grainnet@multicap.asn.au](mailto:grainnet@multicap.asn.au)

VI: 10/2009

269 Padstow Rd, P O Box 4013, Eight Mile Plains Q 4113 • Phone (07) 3340 9000 • Fax (07) 3341 3115  
Website [www.multicap.asn.au](http://www.multicap.asn.au) • Email [info@multicap.asn.au](mailto:info@multicap.asn.au) • ABN 40 120 240 686 • ARBN 084 424 493

**Multicap**  
disabilities, capabilities... possibilities

### Raiders Netball Club

Raiders Netball Club sign on Saturday 30/01/2010, 2:30pm, at Acacia Avenue, Graceville. For further information please contact Kerry on 3288 3911

Michael Moore,  
President Raiders Netball Club



### Brisbane TAP DANCE classes - RED HOT RHYTHM

Red Hot Rhythm, Australia's Got Talent 2009 Grand Finalists, are holding Tap Dance Classes in Brisbane!

Ideal for kids, teenagers and adults of all ages and levels of experience. For all the information, visit the website: [www.redhotrhythm.com.au](http://www.redhotrhythm.com.au), or contact us on 0416757329  
TAP IS BACK!



# Sponsors



*finely crafted wine*

Macquarie Group  
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**ITT**



KordaMentha



CHI.L.D. Association would like to thank all the sponsors for their generous contributions.

## The Glenleighden School Food Policy

### The Glenleighden School Lunch Policy

- Students bring in their own morning teas and lunches to school each day;
- Items within the lunchbox are to be labelled if they are for after-school (e.g. after school care, afternoon tea);
- School staff expect that students eat all the morning tea and lunch provided in their lunch boxes;
- School staff will encourage students to try new and unfamiliar foods;
- School staff will remove RED items from students' lunchboxes and return them to parents with a note reminding them of the school policy;
- Students will take home all uneaten food so that the parents are aware of what has been eaten during the day. Parents then decide if the amount of food is too much or if students do not like a particular item; Students may take water (in a reusable bottle) into the classrooms.

**Please ensure that any information about food allergies or intolerances is promptly passed on to administration.**

### Lunches and Food

Many language disordered children have eating problems, which may be related to restricted diet, rigid eating habits and narrow taste and texture tolerance. Meal times are an important and integral part of the Glenleighden School program with students participating in picnic meals and/or formal meals. All meals must provide a good dietary balance for students.

*Our aim is to provide an environment which.....*

- promotes healthy living, including maintenance of an appropriate weight, as well as prevention and/or stabilization of medical conditions;
  - provides students with a variety of experiences (e.g. tastes and textures) to assist them to interact successfully with and enjoy their world;
- provides students with the optimum chance for success in their learning.

*Care should be taken to...*

- provide limited saturated fat and moderate total fat intake;
  - provide foods low in salt;
- consume only moderate amounts of sugars and foods containing added sugars.

### Healthy Eating Tips

Avoid foods which are high in salt and/or sugar.

Be aware of foods which are packaged as "healthy" food but contained high salt, sugar and/or fat (e.g. chocolate coated muesli bars).

Water is the preferred drink, however occasional fruit juices (not cordial) or milk (preferably unflavoured) may be allowed.

As a result of the Queensland Government's recent strategy to address the increase of childhood obesity (*The Healthy Food and Drink Supply Strategy for Queensland Schools – website <http://education.qld.gov.au/schools/healthy/food-drink-strategy.html>*), the Glenleighden School will be adopting the "traffic light" approach to foods allowed at school. Foods and drinks have been classified into three categories: GREEN, AMBER and RED. Outlined in the table on the next page is a list of what these colours mean, the frequency they can be brought to school and what foods are classified under each category.

<b><u>GREEN</u></b>	<b><u>AMBER</u></b>	<b><u>RED</u></b>
<b>Have Plenty</b>	<b>Only bring in 1-2 times a week</b>	<b>Not allowed at school</b>
<ul style="list-style-type: none"> <li>• Fruits</li> <li>• Vegetables</li> <li>• Rice</li> <li>• Pasta</li> <li>• Noodles (not noodles that contain high salt, sugar and fat contents)</li> </ul> <p>Dairy products</p> <ul style="list-style-type: none"> <li>Yoghurt (not dessert yoghurt)</li> <li>Cheese</li> </ul> <ul style="list-style-type: none"> <li>• Eggs</li> </ul> <p>Bread</p> <ul style="list-style-type: none"> <li>Wholegrain or wholemeal is preferred but white is okay</li> <li>Raisin bread</li> <li>Crispbread</li> <li>Pita Breads</li> <li>English muffins</li> <li>Focaccia bread</li> <li>Lebanese bread</li> <li>Tortillas</li> <li>Some corn crispbread and rice cakes</li> </ul> <ul style="list-style-type: none"> <li>• Air-popped popcorn</li> </ul> <p>Poultry</p> <ul style="list-style-type: none"> <li>Chicken</li> <li>Turkey</li> <li>Duck</li> </ul> <p>Lean Meats</p> <ul style="list-style-type: none"> <li>Beef</li> <li>Lamb</li> <li>Pork</li> </ul> <p>Fish</p> <ul style="list-style-type: none"> <li>Canned tuna</li> <li>Salmon</li> </ul> <p>Plain milk</p>	<p>Dairy products</p> <ul style="list-style-type: none"> <li>Frozen yoghurt</li> <li>Flavoured milk</li> </ul> <p>Processed meat products</p> <ul style="list-style-type: none"> <li>Sausages</li> <li>Meat balls</li> <li>Crumbed chicken drumsticks</li> <li>Devon</li> <li>Ham</li> <li>Salami</li> <li>Bacon</li> <li>Chicken roll</li> <li>Corned beef</li> <li>Pastrami</li> </ul> <p>Commercial Savoury Products</p> <ul style="list-style-type: none"> <li>Pizza</li> <li>Savoury pastries</li> <li>Oven-baked potatoes from a packet</li> </ul> <p>Spreads</p> <ul style="list-style-type: none"> <li>Vegemite</li> </ul> <p>Snack food bars</p> <ul style="list-style-type: none"> <li>Breakfast bars</li> <li>Cereal bars</li> <li>Fruit bars</li> <li>Muesli bars</li> </ul> <ul style="list-style-type: none"> <li>• Popcorn (with salt and butter)</li> </ul> <p>Snack biscuits</p> <ul style="list-style-type: none"> <li>Shapes</li> <li>Tiny Teddies</li> </ul> <p>Fruit drinks</p>	<ul style="list-style-type: none"> <li>• Dessert yoghurt</li> <li>• Soft drinks</li> <li>• Energy drinks</li> <li>• Sports drinks</li> <li>• Flavoured mineral water</li> <li>• Confectionery</li> <li>• Lollies</li> <li>• Chocolate</li> <li>• Chips</li> <li>• Crisps</li> <li>• Ice-cream</li> <li>• Cakes (except for special occasions, i.e. birthdays)</li> <li>• Muffins</li> <li>• Croissants</li> <li>• Doughnuts</li> <li>• Cream-filled buns</li> <li>• Buns with icing sugar</li> <li>• Cakes</li> <li>• Sweet Pastries</li> <li>• Slices</li> </ul>

# PEANUT / TREE NUTS POLICY DOCUMENT

## **Rationale:**

The Glenleighden School aims to provide, as far as practicable, a safe and supportive environment in which students at risk of anaphylaxis can participate equally in all aspects of the schooling.

## **Aims:**

- To raise awareness about allergies and anaphylaxis in the school community
  - To actively involve the parents/carers of each student at risk of anaphylaxis in assessing risks, developing risk minimisation strategies and management strategies for students.
- To ensure each staff member has adequate knowledge of allergies, anaphylaxis and emergency procedures.

## **Implementation:**

### *The Principal will:*

- Advise the school community to avoid sending peanut butter or nut products on sandwiches and peanut and tree nut products in school lunches.
- Ensure the removal of peanut and tree nut products (e.g. peanut butter, cashews, hazelnuts, macadamia, Nutella etc) from The Glenleighden School kitchen, classrooms and staff room).
- Ensure that, at school camps, it be requested that foods containing nuts are not taken or supplied and that camp staff be aware of all students with food allergies.
- Ensure that bullying, by provoking food allergic children with food to which they are allergic, should be recognised as a risk factor and be addressed by anti-bullying policies.
- Implement a communication plan to raise staff, student and school community awareness about severe allergies and the school policies.

Staff have regular training and updates for recognising and responding appropriately to an anaphylactic reaction, including competently administering an EpiPen.

### *Parents/Care-givers of children identified at risk of anaphylaxis will:*

- Ensure they provide an ASCIA (Australasian Society of Clinical Immunology and Allergy) Action Plan that has been signed by the student's medical practitioner and has an up to date photograph of the student.
- Ensure that they provide the student's EpiPen, if required, and that it is not out of date.

### *The First Aid Officer will:*

- Ensure that any EpiPens are stored correctly in an unlocked, easily accessible place, and that they are appropriately labelled.
- Keep an up to date register of students at risk of anaphylaxis.
- Provide information to all staff (including canteen and office staff, and volunteers) so that they are aware of students who are at risk of anaphylaxis, the student's allergies, the school's management strategies and first aid procedures. This may be done by displaying or providing copies of the student's ASCIA Action Plan in the kitchen, classrooms and first aid room.
- Ensure that there are procedures in place for informing casual relief teachers of students at risk of anaphylaxis and the steps required for prevention and emergency response.
- Ensure any external lunch order provider (including PS&F) can demonstrate satisfactory training in the area of anaphylaxis and its implications on food handling practices.

Review the student's Anaphylaxis Management Plan annually or if the student's circumstances change in consultation with parents/carers.

### *Staff will:*

- Work with parents/carers to provide appropriate food for at risk students for special class activities, special occasions such as excursions, incursions, sports days, camps and parties.
- Raise student awareness about severe allergies and importance of their role in fostering a school environment that is safe and supportive to their peers. This may be done by having regular discussions with students about the importance of washing hands, eating their own food and not sharing food.

## **EVALUATION**

This policy will be reviewed as part of the school's Cyclical Review for Accreditation or sooner if required.

## **RESPONSIBILITY**

Principal  
Deputy Principal  
Parents/Care-givers  
First Aid Officer  
All staff